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# Kiwanis

Club of Las Vegas

**Newsletter for the week of, September 3rd, 2023**



***Join us Wednesday September 6th at:***



**4955 S DECATUR BLVD South of Tropicana**

**We meet on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays**

***Networking 12Noon, Meeting & lunch 12:30 to 1:30PM***

## **Lunch \$25 (CASH or CHECK)**

### **Menu**

- #1. Farmers Omelet (Bacon, Onions, Tomatoes and Cheddar Cheese)
  - #2. Taco Salad (Beef, Chicken or Chili)
  - #3. Char-Broiled Chicken Breast Salad
  - #4. BLT Sandwich with choice of side
  - #5. Grilled Cheese (with ham, turkey, corned beef, or roast beef)
  - #6. O'Acres Burger with choice of side
  - #7. Hot Turkey open face sandwich with mashed potatoes and Gravy
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## **Our Sept. 6th speaker will be Antonette Braddock**

Director of paratransit and specialized services for the  
(RTC) Regional Transportation Commission of Southern Nevada

Director of Paratransit and Specialized Services Regional Transportation Commission of Southern Nevada. Antonette Braddock joined the Regional Transportation Commission of Southern Nevada (RTC) in June 2013. In her role as Director of Paratransit and Specialized Services, she leads a diverse range of agency departments with a combined budget of nearly \$60 million annually, including Paratransit and Specialized Services, Certification, Customer Care, and Mobility Training.

Antonette has developed specialized programs to service Southern Nevada's most venerable residents including paratransit, seniors, and veterans. Most notable is the project development and management of both the RTC Paratransit Ride on-Demand, which launched in 2017, and the RTC Microtransit project OnDemand, which launched in 2021.

Antonette is the current President of WTS Nevada and serves on the WTS Foundation's Scholarship Committee. She is also on the board of Blind connect, an organization that provides life skills and employment training and has peer support programs for Nevadans affected by vision loss.

She has resided in Southern Nevada since 2003 with her husband and young daughter.

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## **Service Hours:**

Be sure to report your service hours for each month to Lee Ziegler. You can give them to Lee at our weekly meetings or e-mail to Lee Ziegler. [leeziegler4@gmail.com](mailto:leeziegler4@gmail.com)

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## The Governor's Visit Sunday, Sept. 10th.

The annual visit from Governor Val will be on Sunday September 10th. Governor Val will meet with the clubs on Sunday and will also be in town Monday and Tuesday to assist with Downtown LV Kiwanis recruiting.

**SCHEDULE:** Meeting with governor Val  
1:30-2:30 2022-23 Presidents meeting with Governor  
2:30-5:30 Governor's visit, lunch, service projects

**COST:** \$15 Kiwanians, \$5SLP members

**LOCATION:** Clark County Library Multi purpose Room  
1401 E Flamingo Rd, Las Vegas, NV 89119

Registration link: <https://forms.gle/tFsJFGLi9kVduMvZ>

Payment will be accepted at the event or via Zelle/Venmo.

SLP members are welcome to attend and participate.

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### Important dates

September 6th: Weekly meeting at O'Aces Program from RTC

September 10th: Governor's Visit 1:30pm to 5:30pm Clark County Library

September 13th: Weekly meeting on Zoom

September 20th: Weekly meeting at O'Aces Program, Special Olympics

September 27th: Weekly meeting on Zoom. (board meeting)

October 14th: Boys and Girls Club "Kids Day Out" 10:15am to 2:00pm

October 18th: Information presentation, 2023 Operation Christmas Child

November 15th: Shoebox packing, 2023 Operation Christmas Child Project

November 22nd: Kiwanis Rotary Thanksgiving Food Drive at Lawry's

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## Donate to the Kiwanis Club of Las Vegas Foundation

A 501(c)(3) charitable organization

**Help us fund our programs with your tax-deductible donation  
to the Kiwanis Club of Las Vegas Foundation**

**It's easy just log into the Kiwanis web site at**

<http://www.kiwaniscluboflasvegas.org/>

**and click on the "Donate" button.**

**Thank you for your contributions**

[Donate](#)



All aboard!! September 30th is the last time you'll be able to order K.I.C.K. merchandise before First Mate Andy and his ship set sail. And remember, you're not just ordering K.I.C.K pins, challenge coins, and banner patches . . . you're supporting our Circle K members with your gifts! [Learn more](#)

[Order K.I.C.K. Merch Today!](#)

**Boys & Girls Clubs of Southern Nevada**  
**"Kids Day Out"** A signature event



The Kiwanis Club of Las Vegas has been invited to become a mentor for the upcoming special event, **Kids Day Out, on Saturday, October 14, from 10:15am – 2:00pm**. They currently have five (5) mentor spots available for you to register.

Each fall, they host their annual Kids Day Out at the Boys & Girls Clubs of Southern Nevada Lied Memorial campus. During this event, groups of volunteer mentors are paired with exceptional young people from the Club. The group spends the day together playing carnival games, enjoying food and drinks, exploring career ideas, and participating in activity booths stationed throughout the campus. Attendees play games, receive prizes, and participate in memorable experiences – everyone goes home a winner!

**Below you will find a link to become a mentor.** Please note all mentors must register prior to the events. Please have registering members include Kiwanis under the 'Name of Company or Organization on the form.

**Click the Registration button below, or copy and paste link into your browser:**

<https://interland3.donorperfect.net/weblink/WebLink.aspx?name=E11495&id=69>

Please let me know if you have any questions. I am looking forward to seeing you soon.

Alyssa

Boys & Girls Clubs of Southern Nevada

**Registration**

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## Rebuilding Maui Together!

Scan this QR code to make a gift today.

SCAN



Kiwanians are Awesome!!! The CNH Children's Fund continues to receive donations from Kiwanians across the United States each day. Without a doubt, your generous support has proven that Kiwanians are committed to rebuilding Maui. Join others; make a Disaster Relief gift.

Support Maui's Rebuilding Efforts



The Tablet of Honor is one of the highest honors one can receive from the CNH Children's Fund. For a donation of \$500, a Tablet of Honor may be presented to an individual, Kiwanis club, division, or organization, or it may be presented as a memorial tribute.

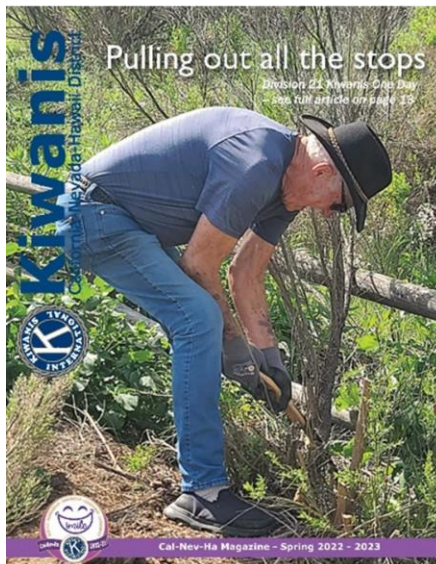
**Learn more**

Nominate a Deserving Recipient Today

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# CAL-NEV-HA MAGAZINE SPRING ISSUE

[https://issuu.com/cnhkiwanis/docs/22-23\\_cnh\\_magazine\\_spring\\_issue\\_1\\_](https://issuu.com/cnhkiwanis/docs/22-23_cnh_magazine_spring_issue_1_)



Read inspiring stories of service and see what's happening in the District with the SMILE team in the 2022-2023 Spring Issue of our digital Cal-Nev-Ha Magazine.

(or **download** as a pdf)

Thank you if you have recently sent your gift.

Cal-Nv-Ha Magazine

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# HONOR INDIVIDUALS FOR THEIR SERVICE



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## JUST THE FACTS

How many service hours do Kiwanis members complete each year? How many clubs exist worldwide? How many children does the average Kiwanis member help?

Get the answers to these questions — and so much more.

[Just the Facts](#)

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Save your **POP-TABS** to benefit

**Ronald Mc Donald House**

Contact Len Yelinek to donate or for information

### **Collecting Old Eyeglasses:**



Check around your home and ask your neighbors for any old, no longer needed, eye glasses. We are again collecting old eye glasses to donate to the Lions Club. See Len Yelinek with your old glasses.

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### **For club information Log into our Web Site!**

You can make a donation to our club on our web home page.

<http://www.kiwaniscluboflasvegas.org/>

contact: Jerry McElroy or Howard Naylor with questions or additions.

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### **Our Monthly Meetings:**

Live on 1st & 3rd Wednesdays

Zoom on 2nd & 4th Wednesdays

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### **Stroke has a new indicator**

They say if you email this to ten people, you stand a chance of saving one life.

**Blood Clots/Stroke** – They Now Have a Fourth Indicator, the Tongue  
**STROKE:** Remember the 1st Three Letters.... S.T. R.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) she said she had just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening. Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

### **STROKE IDENTIFICATION:**

A neurologist says that if he can get to a stroke victim within 3 hours, he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

### **RECOGNIZING A STROKE**

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

### **Remember the '3' steps, STR.**

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S \*Ask the individual to SMILE.

T \*Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e., Chicken Soup)

R\*Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

### **New Sign of a Stroke**

Stick out Your Tongue!

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

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