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Kiwanis

Club of Las Vegas

Newsletter for the week of:
December 3rd, 2023



Join us this Wednesday December 6th at O'Aces Bar and Grill. Our speaker will be Richard Beasley, FBI Special Agent, Retired.



4955 S DECATUR BLVD South of Tropicana

We meet on 1st and 3rd Wednesdays

Networking 12Noon, Meeting & lunch 12:30 to 1:30PM

Lunch Menu

\$25 (CASH or CHECK)

- #1. Farmers Omelet (Bacon, Onions, Tomatoes and Cheddar Cheese)
- #2. Taco Salad (Beef, Chicken or Chili)
- #3. Char-Broiled Chicken Breast Salad
- #4. BLT Sandwich with choice of side
- #5. Grilled Cheese (with ham, turkey, corned beef, or roast beef)
- #6. O'Aces Burger with choice of side
- #7. Hot Turkey open face sandwich with mashed potatoes and Gravy

Be sure to join us for our lunch meeting on December 6th.



Our speaker Dec 6th 2023

**Our program will be a very interesting presentation from:
FBI Special Agent Richard Beasley, Retired**

Thank
You

A BIG Thank You to Marcia Tinberg and Kelly Collier for your help checking-in Kiwanians at our 69th annual Kiwanis/Rotary Thanksgiving lunch. We couldn't have done it without you

The 69th Annual Kiwanis/Rotary Thanksgiving Food Drive lunch was held on Wednesday, November 22nd. Kiwanis donated 75,556 cans and Rotary donated over 333,000 cans. Together we donated over \$36,000 to the Salvation Army to help feed those in need during the holidays

Lunch Meeting Programs

December 6th: Program, Retired FBI Special Agent Richard Beasley

December 20th: Program, Kelvin Watson, Executive Director of the Las Vegas-Clark County Library District

January 3rd 2024: TBD

January 17th 2024: Program, Arleen Sirois, speaking about Safe Nest

Cal-Nev-Ha Mid-Year North Education Conference in Visalia, February 3, 2024 for learning, networking, and celebration.

click on graphic below for more information



The conference starts off right with the annual Rose Float Breakfast at 7:00 a.m. The General Session will begin at 8:00 a.m. where you'll be treated to presentations designed to enrich your Kiwanis experience and provide you with helpful information.

Take some time to stroll through the exhibits and learn more about our sponsors, vendors, committees, and clubs who have valuable information to share.

During the morning and afternoon sessions, you'll have the opportunity to attend seminar presentations that are packed with information, inspiration, and leadership education. Be sure to check out the seminar grid that will be posted on the Cal-Nev-Ha website soon for more information!

The Inter-club Luncheon features an inspirational keynote speaker from Valley Children's Hospital. The Inter-club Luncheon will start at 12:00 p.m. Finally join us for a TIKI-RIFFIC time at the Service of Ohana Dinner & Auction benefiting the Cal-Nev-Ha Children's Fund! Wear your favorite aloha shirt!

Registration by January 5th is \$65.
After January 5th \$70 per member.
or
Total Event Pass Rate \$230

The Total Event Pass includes: Registration, Rose Float Breakfast, Inter-club Luncheon and the Ohana Dinner and Auction.

Hotel Reservations

*Wyndham Hotel
9000W. Airport Dr.
Visalia,CA 93277*

To make your hotel reservations call (559) 651-5000.
Make sure to mention Cal-Nev-Ha District Mid-Year North to receive the special conference rate starting at \$109 per night plus tax. Deadline date of conference rate housing is January 17, 2024, subject to availability.

Service Hours:

Be sure to report your service hours **for November** to Lee Ziegler. You can give them to Lee at our weekly meetings or e-mail to Lee Ziegler. leeziegler4@gmail.com

**Mr Nan Su, Epoch Times' Senior
Correspondent speaking on Zoom January 10,
2024**

About Mr Nan Su



Mr. Su has been a China expert, and news commentator for over 20 years serving NTD TV network and SOH radio network. His presentations in the past have covered a wide range of topics related to traditional Chinese culture, China's human rights, forced organ harvesting, economy and politics in China, Sino-US relation, COVID, and so on. He has given over 300 presentations to various groups in Northern California.

Nan Su currently is a senior investigative reporter at the Epoch Times, a newspaper published in 36 countries and in 21 languages.

Titled "China's Global Expansion, past and future", his most recent presentation covers the motives and strategy of China's recent escalating efforts on its global expansion, and answers questions such as "What does China's global expansion mean to Americans"?



Project 150 is in need of boys/men's blue jeans. Also winter coats , jackets and vests of all sizes. For more information contact Violet Marchese, at buckeyepenguin1438@yahoo.com.

Because High School Is Tough Enough... without having to worry about where you are going to sleep at night, where your next meal is coming from, and how you will pay for clothing, hygiene items, and school

supplies. Project 150 was created out of our community's desire to help high school students stay in school and thrive. Project 150's mission is to provide free support and services to homeless, displaced, and disadvantaged high school students so they can remain in school, graduate, and build bright futures.

SEASONAL GIFTS AVAILABLE



During the season for giving and festivity, the [Kiwanis Family Store](#) can help you and your fellow members spread cheer and keep warm. Check out our Kiwanis-branded knit hats, gloves and scarves. And celebrate by adding some sparkle with the new selection of jewelry or the latest holiday sweatshirt. Tumblers, mugs, snow globes and greeting cards are also a great way to share the joy of the season!

[Kiwanis Family Store](#)



Tablet of Honor

The Tablet of Honor is a prestigious award presented by the Cal-Nev-Ha Children's Fund to those who have shown outstanding service to Kiwanis, their club, or their community. This award cannot be ordered for oneself, but with a \$500 donation, you can pay tribute to the deserving individual, Kiwanis club, division, or organization



55th Season of Varsity Quiz

This is the 55th year of Varsity Quiz, and the in-school competition has started. Varsity Quiz is a partnership between the Kiwanis Club of Las Vegas, Clark County School District (CCSD), and Vegas PBS. Varsity Quiz, a fast-paced series, is an academic quiz show for Las Vegas high schools featuring the best and brightest students from across the city. The competing high school teams field questions based on their knowledge of subjects such as history, literature, math and science. The Kiwanis Club of

Las Vegas started this program in 1969. This year during the regular season, 27 high school teams will compete. Scholarship awards are made to the top two teams and the Howard Naylor Outstanding Player. If you are interested in assisting with the Varsity Quiz program or have any questions contact Howard Naylor, 702-363-0192. Please support our young scholars in their pursuit of excellence!



First Family Focus

The National Institute of Mental Health reports that in 2021, around 20.1% of adolescents aged 12-17 suffered from at least one major depressive episode. That's a significant increase from 12.8% in 2019. Join Governor Carole and her First Family Focus "Just Be You" campaign to help the young people in your community attain the mental health services they deserve. Click on the links below to get started.

[Donation Form Here](#)

[Grant Application Here](#)

It's Scholarship Season!



Key Club advisors, Our scholarship applications are officially open! If you are a Kiwanis advisor to a Circle K, Key Club, or KIWIN'S club, please help spread the word to ensure these students know about this opportunity to score FREE MONEY towards their undergraduate college degree. Applications are due Friday, February 16, 2024. Remember, the early bird gets the worm!

Donate to the Kiwanis Club of Las Vegas Foundation

A 501(c)(3) charitable organization

Help us fund our programs with your tax-deductible donation to the Kiwanis Club of Las Vegas Foundation

It's easy just log into the Kiwanis web site at <http://www.kiwaniscluboflasvegas.org/> and click on the "Donate" button.

Thank you for your contributions

Donate



Save your **POP-TABS** to benefit
Ronald Mc Donald House

Contact Len Yelinek to donate
or for information

Collecting Old Eyeglasses:



Check around your home and ask your neighbors for any old, no longer needed, eye glasses. We are again collecting old eye glasses to donate to the Lions Club. See Len Yelinek with your old glasses.

HONOR INDIVIDUALS FOR THEIR SERVICE



For club information Log into our Web Site!

You can make a donation to our club on our web home page.
<http://www.kiwaniscluboflasvegas.org/>

contact: Jerry McElroy or Howard Naylor with questions or additions.

Our Monthly Meetings:

Live on 1st & 3rd Wednesdays
Zoom on 2nd & 4th Wednesdays

Stroke has a new indicator

They say if you email this to ten people, you stand a chance of saving one life.

Blood Clots/Stroke – They Now Have a Fourth Indicator, the Tongue
STROKE: Remember the 1st Three Letters.... S.T. R.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) she said she had just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening. Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

STROKE IDENTIFICATION:

A neurologist says that if he can get to a stroke victim within 3 hours, he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Remember the '3' steps, STR.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to SMILE.

T *Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e., Chicken Soup)

R*Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke

Stick out Your Tongue!

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.



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